

2024 Over-the-counter catalog

Shop for over-the-counter (OTC) products with your quarterly allowance.



Your OTC benefit

Your Align powered by Sanford Health Plan OTC benefit gives you allowance dollars to spend on approved products. Buy products like oral care, vitamins, pain relief and more. It's all included in your health plan at no cost to you. Shop online or through the catalog and get it delivered to your door at no cost to you through Optum Personal Care Benefits. Or, visit participating retailers to buy in store.

How it works

1. Allowance dollars are added to your account every three months. Your Align powered by Sanford Health Plan Healthy Benefits+ flex card is linked to this account.
2. To activate your Healthy Benefits+ flex card before you start shopping, call **1-855-256-4620**. Use your Healthy Benefits+ flex card to buy approved OTC products.
3. Allowance dollars expire at the end of the quarter.

Choose how you shop



Online. Enjoy the convenience of shopping from home — anytime day or night. Find all catalog items, plus hundreds more when you shop online.

- **Web.** Visit **HealthyBenefitsPlus.com/SanfordHealthPlan**.
- **App.** Download the **Healthy Benefits Plus app** on your phone or tablet



Catalog. Call **1-833-818-8918**, TTY **711** to place your order by phone.




In-store. Use your Healthy Benefits+ flex card when you shop thousands of participating retail stores. Learn more about shopping in-store or find approved stores near you when you visit **HealthyBenefitsPlus.com/SanfordHealthPlan**.

Save this catalog. You may want to reference it each time you place an order.

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How to read this catalog

Item and description	Item number	Price
 Wrist Blood Pressure Monitor Memory capabilities and digital screen. Fits wrist size 5.3"—8.5". Two AAA batteries included. One-year limited warranty.	#5490** 1 each, quantity limit 2	\$21.05
Quantity and quantity limit		

Medicine and treatments

Allergy and sinus

Get more from your credits when you buy generic.

Active Ingredient: Fexofenadine HCl 180 mg. May help relieve indoor and outdoor allergies.



Allegra® Allergy — 24 Hour	#2392***	\$21.80
	30 tablets	



Allergy Relief Tablets — 24 Hour	#3088***	\$12.95
Compares to Allegra® Allergy.	30 tablets	

Active Ingredient: Diphenhydramine HCl 25 mg. May help relieve allergy symptoms.



Benadryl® — Allergy Relief	#2192	\$8.95
	48 ultratabs	



Allergy Relief	#3193	\$4.25
Compares to Benadryl® Allergy Ultratab®.	100 tablets	

Active Ingredient: Loratadine 10 mg. May help relieve indoor and outdoor allergy symptoms. Non-drowsy.



Claritin® — 24 Hour	#3574***	\$23.95
	30 tablets	



Allergy Relief — Loratadine 10 mg	#3235***	\$5.50
Compares to Claritin® — 24 Hour.	30 tablets	

Active Ingredient: Cetirizine HCl 10 mg. May help relieve sneezing, runny nose, itchy and watery eyes and itchy throat or nose for 24 hours.



Zyrtec® — 24 Hour	#3487***	\$20.00
	30 tablets	



Allergy Relief Cetirizine — All Day	#3202***	\$13.95
Compares to Zyrtec®.	90 tablets	



Go online now to shop all catalog items, plus many more.

Active Ingredient: Fluticasone 50 mcg. May provide relief of nasal congestion, runny or itchy nose and sneezing.



Flonase® — Nasal Spray

#3195 **\$27.00**
144 sprays



Fluticasone Nasal Spray
Compares to Flonase®

#3056 **\$14.90**
120 sprays



Vicks® Sinex™ Saline

Ultra fine mist spray. Drug free.

#4729 **\$10.45**
5 fl. oz.



Saline Nasal Spray

Compares to Ocean® moisturizing nasal spray

#3244 **\$3.55**
3 fl. oz.



Vicks® VapoInhaler™

Inhale refreshing vapors through each nostril. Non-medicated. Menthol scent.

#4921 **\$12.55**
2 sticks



Curad® Nasal Strips

Strips may relieve nasal congestion and reduce snoring. One size fits most. Clear.

#2698 **\$7.05**
30 count

Cold, cough and flu



Luden's® Throat Drops

May soothe minor sore throats and relieve mouth irritation and pain. Wild Cherry flavor.

#2439 **\$5.25**
90 count



Halls® Relief Cough Drops — Cherry

May relieve coughs, soothe sore throats and cool nasal passages. Contains menthol.

#8854 **\$4.55**
80 count

Medicine and treatments



Halls® Relief Cough Drops — Mountain menthol

Sugar free. May relieve coughs, soothe sore throats and cool nasal passages. Contains menthol.

#8856
70 count

\$4.85



Ricola® Cough Drops — Sugar free

Lemon mint flavor. May relieve coughs and soothe sore throats. Contains menthol.

#8899
45 count

\$4.50



Cough Drops — Cherry

Compares to Halls®. Contains menthol.

#4265
2 bags
of 30

\$3.15



Vicks® NyQuil™ Cold and Flu — Original

May help relieve cold and flu symptoms. For nighttime use.

#6729
12 oz.

\$11.95



Vicks® NyQuil™ Cold and Flu — Cherry

May help relieve cold and flu symptoms. For nighttime use.

#3078
12 oz.

\$11.95



NightTime Cold & Flu Softgels

Compares to Vicks® NyQuil™ Cold & Flu.

#3549
16 softgels

\$7.75



Cold & Flu — Nighttime

Compares to Vicks® NyQuil™ Cold & Flu. Nighttime cold and flu relief from aches, fever, cough, sneezing and runny nose. Cherry flavor.

#1657
12 fl. oz.

\$6.85



Mucinex® DM

May help control cough, relieve chest congestion and loosen mucus. Dextromethorphan HBr 30 mg, Guaifenesin 600 mg.

#2530
40 count

\$24.85



Cough & Cold Relief — High Blood Pressure

Compares to Coricidin® HBP Cough & Cold. Active ingredients: chlorpheniramine maleate 4 mg, dextromethorphan HBr 30 mg.

#2135
16 tablets

\$5.75



Go online now to shop all catalog items, plus many more.



DM Cough Syrup - Sugar-Free

Controls cough. Loosens and relieves chest congestion.

#3364

4 oz.

\$4.25



Guaifenesin 600 mg + DM 30 mg

Compares to Maximum Strength Mucinex® DM. Controls cough, thins and loosens mucus.

#4862

40 tablets

\$17.45



Vicks® VapoRub™

Cough suppressant chest rub.

#4534

3.53 oz.

\$9.45



Medicated Chest Rub

Compares to Vicks® Vaporub™.

#2972

3.53 oz.

\$2.05



Abreva® — Docosonal 10%

Cold sore and fever blister treatment.

#3675

2 grams

\$19.80

Digestive health

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Prilosec OTC®

Heartburn relief and acid reducer.

#1823***

42 tablets

\$24.25



Omeprazole Acid Reducer

Compares to Prilosec OTC®.

#1856***

42 capsules

\$15.80



**Tums® Smoothies™ —
Extra Strength**

May help relieve heartburn, acid indigestion and sour stomach. Chewable, assorted fruit flavors.

#1288

140 tablets

\$9.45



Antacid Tablets — Extra Strength

Compares to TUMS® Extra Strength. Chewable, assorted fruit flavors.

#1890

96 tablets

\$3.10

Medicine and treatments



Ultra Strength Antacid Soft Chews

May help relieve heartburn, sour stomach and acid indigestion. Cherry flavor.

#1814 **\$4.85**
36 chews



Nexium® 24 Hour Delayed-Release ClearMinis™

Esomeprazole magnesium 20 mg. May treat frequent heartburn. Three 14-day courses of treatment.

#2395 **\$28.95**
42 capsules



Esomeprazole Magnesium 20 mg

Compares to Nexium® 24HR.

#2870 **\$16.00**
42 count



Gas-X® Extra Strength

Offers fast gas relief of pressure, bloating and discomfort.

#1233 **\$11.15**
50 softgels



Gas Relief Simethicone 80 mg

Compares to regular strength Gas-X®.

#1783 **\$6.25**
100 tablets



Stomach Relief Bismuth Liquid

Compares to Pepto-Bismol®. May help relieve upset stomach, indigestion, nausea, heartburn and diarrhea.

#1579 **\$2.40**
8 fl. oz.



Dairy Aid®

Compares to Lactaid®. May help prevent gas, bloating or diarrhea.

#1612 **\$9.20**
60 caplets



Anti-Diarrheal Caplets

Compares to Imodium® A-D. May help control symptoms of diarrhea.

#1603 **\$3.80**
12 caplets



Anti-Diarrheal Liquid

Compares to Imodium® A-D liquid. May help control symptoms of diarrhea.

#1592 **\$4.20**
4 fl. oz.



Milk of Magnesia

Compares to Phillips®. May help relieve occasional constipation.

#2333 **\$5.50**
16 fl. oz.



Go online now to shop all catalog items, plus many more.



ClearLax Powder

Compares to Miralax®. May help relieve occasional constipation and softens stool.

#1623

17.9 oz.

\$14.20



Dulcolax® Laxative — Overnight Relief

For relief of occasional constipation and irregularity.

#1593

50 tablets

\$12.25



Laxative Natural Vegetable Tablets

Compares to Senokot®. Gentle overnight relief of occasional constipation. Sennosides, 8.6 mg.

#1571

100 tablets

\$5.30



Stool Softener Softgels

Compares to Colace®. May help relieve occasional constipation.

#1558

100 softgels

\$4.10



Metamucil® Fiber Powder — Sugar free, Orange flavor

May help promote digestive health, control appetite, maintain healthy blood sugar levels, and lower cholesterol. 23.3 oz.

#1715

114 servings

\$25.55



Fiber Powder — Sugar free, Orange flavor

Compares to Metamucil®. 10 oz.

#1510

48 servings

\$8.75



Benefiber® Prebiotic Fiber Stick Packs

Sugar free and gluten free. Unflavored.

#8742

48 count

\$22.00



Fiber Powder — Sugar free

Compares to Benefiber®. Unflavored. 8.8 oz.

#1684

62 servings

\$6.60



Motion Sickness — Less Drowsy

Compares to Dramamine Less Drowsy® formula.

#2623

8 tablets

\$1.60

Medicine and treatments

First aid

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**Band-Aid® Tough Strips®
Adhesive Bandage**

#6520 **\$8.05**
60 count

Not recommended for sensitive or thin skin. Up to 24 hour protection. Size, 1"x3 1/4".



**Curad® Adhesive Bandages; 1" size,
waterproof**

#5118 **\$4.95**
100 count

Long lasting, sure-stick adhesive stays secure even when wet.



**Curad® Adhesive Bandages;
2"x4"**

#5160 **\$4.05**
50 count

Long lasting, sure-stick adhesive stays secure even when wet.



**Curad® Ouchless
Adhesive Bandages**

#1065 **\$5.85**
50 count

Flexible fabric material with EZ Release™ silicone adhesive.



**Curad® Variety Pack
Assorted Bandages**

#6535 **\$7.70**
200 count

Contains 20 waterproof, 50 Flex-Fabric™, 60 plastic, 60 sheer and 10 XL Flex-Fabric™ bandages.



Curad® Spray Bandage.

#5166 **\$7.15**

Forms a protective seal over wounds. 1.35 fl. oz.
Quick-dry formula is flexible, breathable and stays on hard-to-cover areas.

⚠ Cannot ship to HI, AK, or P.O. boxes.



Curad® Compact First Aid Kit

#5342 **\$13.10**

Includes cleansing towelettes, alcohol swabs and assorted bandages.

75 piece kit, quantity limit 3



Curad® Mini First Aid Kit

#5208 **\$3.15**

Includes alcohol cleansing pads and bandages in a variety of sizes. Ideal for travel.

30 piece kit, quantity limit 3



Go online now to shop all catalog items, plus many more.



Powder-free Synthetic Exam Glove

Stretch vinyl gloves are powder-free and latex-free. Beige color.

#2017
Quantity
limit 3

\$13.10

Size	S	M	L	XL
Quantity	100	100	100	90

ⓘ Specify Size when ordering.



Curad® Nitrile Exam Gloves — Powder-free, Latex-free

Medical-grade exam gloves. Provides barrier protection with a soft touch. Light blue color. One size fits most.

#8788
40 count,
quantity
limit 3

\$6.50



Hydrogen Peroxide

First aid antiseptic. Topical solution.

#5655
4 fl. oz.

\$1.25



Isopropyl Alcohol

First aid antiseptic.

#5672***
16 fl. oz.

\$2.00

ⓘ Cannot ship to HI, AK, or P.O. boxes.



Isopropyl Alcohol Prep Pads

First aid antiseptic. Handy wipes. 70% isopropyl alcohol.

#5664
200 count

\$3.15



Neosporin® Ointment

Infection protection to treat minor cuts, scrapes and burns.

#8213
1 oz.

\$8.60



Neosporin® + Pain Relief Dual Action Cream

Fast-absorbing cream.

#8468
1 oz.

\$9.40



Triple Antibiotic Ointment

For minor cuts, scrapes and burns.

#5462
1 oz.

\$2.60



Aquaphor® Healing Ointment

May temporarily protect and help relieve chapped or cracked skin and lips. Preservative and fragrance-free.

#5568
14 oz.

\$16.85



Cotton Swabs

Swabs are double-tipped.

#5284
750 count

\$4.45

Medicine and treatments



Antiseptic Spray

Water-resistant and transparent spray forms a seal around cuts and scrapes that helps keep dirt and germs out.

⚠ Cannot ship to HI, AK, or P.O. boxes.

#3034

2 fl. oz.

\$4.95



Petroleum Jelly

Multipurpose skin protectant. Moisturizes rough, dry, chapped skin.

4 oz.

13 oz.

#5649

\$1.65

#5680

\$3.10



Cotton Balls

Soft, white and absorbent. Medium size.

#5275

200 count

\$2.10



Curad® Non-Adherent Pad

Sterile absorbent cotton and polyester pad that does not stick to lightly draining wounds. Film allows air to circulate while wound is draining. Size: 3"x 4".

#5554

20 pack

\$6.50



Curad® Waterproof Adhesive Tape

Strong, durable adhesive holds securely. 1/2"x10 yds.

#2075

1 roll

\$2.30



Ice Bag

Ice bag is an ideal cold therapy for ankles, knees, elbows and thighs.

#5355

1 each

\$5.95



OFF!® Deep Woods® Insect Repellent V

May provide long-lasting protection against biting insects.

⚠ Cannot ship to HI, AK or P.O. Boxes.

#1933

6 oz.,

2 pack

\$14.25



Ben's® Tick & Insect Repellent

Repels insects including mosquitoes for up to 10 hours. 30% DEET.

#1632

3.4 fl. oz.
pump

\$11.55



Go online now to shop all catalog items, plus many more.



Bite and Sting Relief Ointment

May provide temporary relief of pain and itching due to bug bites.

#3598

1.75 oz.

\$5.25



Cortizone 10® Anti-Itch Creme

May provide fast itch relief and reduce inflammation. Contains 1% hydrocortisone.

#3582

2 oz.

\$9.00



Anti-Itch Cream

Compares to Extra Strength Benadryl® cream.

#5455

1.25 oz.

\$4.00



Calamine Lotion

May help dry the oozing and weeping from poison ivy, oak and sumac.

#5370

6 fl. oz.

\$3.30



Dr Teal's® Pure Epsom Salt

May ease aches and pains from muscle soreness.

#5460

6 lbs

\$6.20



Epsom Salt

Multiuse product. Most commonly used as an aid in soaking minor sprains and bruises.

#5373

16 oz.

\$1.45



Face Mask

Covers nose and mouth. Single use only. Latex-free.

#2121

1 pack of
10 masks

\$5.70



Face Shield — Disposable

Full length coverage. Foam top with elastic band. Lightweight. Can be worn with or without glasses.

#2144

1 shield

\$2.50



Hand Sanitizer — Alcohol-Free Foam

Kills more than 99% of germs. With vitamin E.

1.7 oz.

#5705

\$4.80

7.5 oz.

#5691

\$7.55



Hand Sanitizer — Foam

Contains 70% ethyl alcohol. Foam formula evaporates quickly on hands.

#5512

18 fl. oz.

\$10.30

Ⓢ Cannot ship to HI, AK or P.O. Boxes.

Medicine and treatments



Purell® Advanced Hand Sanitizer Gel
 Contains vitamin E.

#2638
 12 oz.

\$5.75

Ⓢ Cannot ship to HI, AK or P.O. Boxes.



Hand Sanitizer Wipes
 Antimicrobial hand wipe with 70% alcohol.

#7088
 160 count

\$12.95

Ⓢ Cannot ship to HI, AK or P.O. Boxes.

Pain relief and management



Tylenol® Extra Strength 500 mg
 Acetaminophen 500 mg.

#6431
 100 caplets

\$11.50



Acetaminophen 500 mg
 Compares to Extra Strength Tylenol®.

#2671
 100 caplets

\$4.35



Tylenol® Regular Strength 325 mg
 Acetaminophen 325 mg.

#2299
 100 tablets

\$8.05



Pain Relief Acetaminophen 325 mg
 Compares to Regular Strength Tylenol®.

#2664
 100 tablets

\$2.35



Acetaminophen 650 mg Extended-Release
 Compares to Tylenol® 8 Hour Arthritis Pain. May provide temporary relief of minor arthritis pain.

#2281
 100 caplets

\$7.35



Motrin® IB Pain Reliever / Fever Reducer
 Ibuprofen 200 mg.

50 coated caplets
 100 coated caplets

#2461
#2472
\$6.90
\$9.65



Ibuprofen 200 mg
 Compares to Advil®.

#2588
 100 tablets

\$2.20



Pain Relief Naproxen Sodium
 Compares to Aleve®, 220 mg. Strength to last 12 hours.

#2760
 100 tablets

\$5.25



Go online now to shop all catalog items, plus many more.



Bayer® Aspirin Low Dose 81 mg
For temporary relief of minor aches and pains.

#2962 **\$16.75**
300 coated tablets



Aspirin 81 mg Enteric Coated
Compares to Bayer® Low Dose Aspirin.

120 tablets
300 tablets

#2716 **\$2.10**
#2720 **\$4.40**



Aspirin 325 mg Tablets
Compares to Bayer® Aspirin.

#5645 **\$1.50**
100 tablets



Excedrin® Migraine
For migraine headache relief.
Acetaminophen 250 mg, aspirin 250 mg (NSAID), caffeine 65 mg.

#2474 **\$12.55**
100 caplets



Pain Reliever Plus Coated Tablets
Compares to Excedrin®.

#2352 **\$5.25**
100 tablets



Pain Relieving Gel
Contains 2% menthol. Compares to Mineral Ice.

8 oz.
16 oz.

#2357 **\$6.95**
#1011 **\$9.95**

ⓘ Cannot ship to HI, AK or P.O. Boxes.



Aspercreme® with 4% Lidocaine – Roll-on
May provide temporary relief for tough muscle pain, joint pain and back pain.

#2833 **\$9.95**
2.5 fl. oz.



Theraworx® Relief Fast Acting Spray
For leg cramps, foot cramps and muscle soreness.

#6715 **\$20.20**
7.1 oz.



BC Powder® Original Strength Pain Reliever
May temporarily relieve head, back, tooth, and muscle aches. Aspirin 845 mg (NSAID), caffeine 65 mg.

#2315 **\$7.15**
50 powder sticks

Medicine and treatments



Pain Relief Patch
Maximum Strength with 4% lidocaine.

#2195
5 patches

\$6.50



ActivICE™
Contains 8% menthol. May provide temporary relief from muscle aches, joint and back pain.

3 oz. roll-on
4 fl. oz. spray
4 oz. gel tube

#6123
#7125
#8127

\$10.50
\$10.50
\$10.55

ⓘ Cannot ship to HI, AK or P.O. Boxes.



Preparation H® Flushable Medicated Wipes
Helps relieve the local itching and discomfort associated with hemorrhoids.

#1827
48 count

\$6.15



Preparation H® Hemorrhoidal Ointment
Soothing relief from painful burning, itching and discomfort.

#1746
1 oz.

\$9.25



Hemorrhoidal Ointment
Compares to Preparation H®.

#3138
2 oz.

\$5.05



Miconazole Cream — 7 Day
May help cure most vaginal yeast infections. May help reduce vaginal burning, itching and discharge.

#3099
1.5 oz.

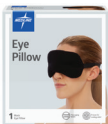
\$5.75



Orajel™ 4x Medicated for Toothache & Gum Pain Relief
Cream. May provide instant relief for severe toothaches and painful gums.

#5833
0.33 oz. tube

\$8.05



Eye Pillow
May help relieve eye strain, puffiness, headache and sinus pain. Soft, breathable cotton fabric. Freeze or refrigerate for cooling relief.

#1135
1 mask

\$10.95

Personal care

Eye and ear care

.....



Bausch & Lomb Advanced Eye Relief®	#2743	\$13.05
May help replenish tears. Contains lubricants to gently moisturize eyes.	1 fl. oz.	



Bausch & Lomb Soothe® Preservative-Free Lubricant Eye Drops.	#2854	\$12.75
May help moisturize and comfort dry eyes. Recommended for LASIK dryness.	30 vials	



Eye Drops — Irritation Relief	#5124	\$2.40
Compares to Visine® A.C. For temporary relief of eye discomfort and redness due to minor eye irritations.	0.5 fl. oz.	



Visine® Dry Relief All Day Lubricant Eye Drops	#2343	\$6.95
May lock in moisture and protect against irritation. Relieves dry eyes in seconds and lasts up to 10 hours.	0.5 fl. oz.	



Refresh Tears® Lubricant Eye Drops.	#7863	\$11.35
For mild to moderate dry eyes. Designed to act like natural tears.	0.5 fl. oz.	



Multi-Purpose Contact Lens Solution	#2305	\$6.35
No-rub multipurpose contact lens solution cleans, disinfects and removes proteins. Use for lens storage.	12 fl. oz.	



Clinere® Earwax Cleaners	#1893	\$7.40
Flexible plastic tool that may remove earwax.	10 count	



Earwax Treatment Drops	#3232	\$5.20
Compares to Debrox®. May help remove excessive earwax.	0.5 fl. oz.	

Personal care



Foldable Reading Glasses +1.00

Unisex reading glasses. Includes carrying case. Additional magnification strengths available online.

#7149 **\$8.45**
1 each

+2.00	#7254	\$8.45
+3.00	#7314	\$8.45
+4.00	#7457	\$8.45

Foot care



Anti-Skid Slipper Socks

Single tread designed for safety with skid-resistant treading. Color: light blue. One size fits most.

#7351 **\$3.50**
1 pair



Curad® Knee High Stockings,

Controlled compression may help circulation and reduce leg fatigue. Mild compression. Nylon/spandex. Colors: black or tan.

1 pair

Shoe size	S	M	L	XL
Women	6–8.5	9–10.5	11–13	11–13 (XL Calf)
Men	6–8	8.5–10	10.5–12	12–14

8–15 mmHg	#5792	\$14.25
15–20 mmHg	#5767	\$15.95



Curad® Compression Dress Socks, 8–15 mmHg.

Controlled compression may help circulation and reduce leg fatigue. Over-the-calf style. Color: black.

#5803 **\$15.30**
1 pair

Shoe size	S	M	L
Women	6–8.5	9–10.5	11–13
Men	6–8	8.5–10	10.5–12



Go online now to shop all catalog items, plus many more.

Jobst® Sensifoot™ Diabetic Socks

1 pair

Non-binding tops. Padding provides cushioning and helps keep feet cool and dry. Antimicrobial. Colors: black or white.



Shoe size	S	M	L	XL
Women	7–9	9.5–11	11.5–13	13–14
Men	6–8	8.5–10	10.5–12	12.5–14

Over the Calf

#5819

\$17.25

Crew Length

#5878

\$16.00

Firm Wrap Short Stretch Compression Bandage

#5774

\$5.30

1 roll

Provides compression and high resistance to stretch. Made of 100% cotton. Latex-free. Machine wash and dry. Size: 3.15"x5.47 yards.



Gold Bond® Medicated Foot Powder — Maximum Strength

#5421

\$5.00

4 oz.

Temporarily relieves the pain and itch associated with minor skin irritations on the foot. Menthol 1%.



Gold Bond® Ultimate Diabetics' Dry Skin Relief Foot Cream

#5436

\$8.10

3.4 oz.

May relieve dry, cracked skin and soothe skin discomfort. Dimethicone 3%, white petrolatum 30%.



Dr. Scholl's® Corn Removers

#5771

\$4.95

May help remove corns. Contains salicylic acid.

9 cushions,
9 medicated
discs



Medicated Corn Removers

#5799

\$3.10

Compares to Dr. Scholl's®. Hypoallergenic.

9 count



Moleskin Plus

#5804

\$5.25

Protects sensitive areas. Self-stick adhesive. Trim to fit.

4 sheets



Hammer Toe Crest

#5770

\$5.25

May help relieve pressure and pain on toe tips. One size fits most.

1 crest



Personal care



Toe Protector

May help to relieve ingrown nails, corns, hammer toes and toe tips. One size fits most.

#5823 **\$6.40**
1 protector



Toe Straightener

Cushions and keeps toes in their correct position for all-day comfort. Washable and reusable. One size fits most.

#5844 **\$11.15**
4 pack



Bunion Guard

Soft gel shield protects sore bunions from pressure and friction. Washable and reusable. One size fits most.

#5801 **\$4.65**
1 guard



Curad® Mediplast Wart Pad

Cut-to-fit pad, 2"x3". May help with the removal of corns, calluses and warts.

#5821 **\$5.85**
3 pads



Callus Control Cream

Extra strength formula for faster moisturizing. Non-greasy formula may help break down unsightly calluses.

#6985 **\$13.00**
4 oz.



Kerasal® Fungal Nail Renewal™

May improve appearance of discolored or damaged nails.

#5477 **\$21.25**
0.33 fl. oz.



Antifungal Cream Tolnaftate 1%

Compares to Tinactin®. May relieve itching and burning associated with athlete's foot.

#5957 **\$5.30**
1.25 oz.

Incontinence



FitRight® Aloe Wipes

All wipes are hypoallergenic, pH-balanced, and alcohol-free" Do not flush. Wipe size: 8"x12".

Scented, 100 count	#7076	\$3.50
Fragrance-free, 100 count	#5761	\$4.00
Quilted, 48 count	#4040	\$2.65



Go online now to shop all catalog items, plus many more.



Cottonelle® Flushable Wipes

Flushable wet wipes.

#1777

14 count

\$2.25



ReadyFlush® Scented Wipes

Flushable, pH balanced, hypoallergenic and alcohol-free. Wipe size: 8"x12".

#1495

48 count

\$3.85



FitRight® Active Male Guard

Soft breathable back sheet for increased comfort and discretion. Size: 6"x11".

#5051

52 count

\$14.55

Tena® Classic Protective Underwear

Provides moderate to heavy protection. Soft, cloth-like, breathable material. Fits waist size 34" to 44".



Size	M	L
Waist	34" to 44"	45"–58"

Medium, 20 count

#2258

\$14.65

Large, 18 count

#2254

\$13.25



Bladder Control Pads — Contour Plus

28 count

Breathable contoured shape with adhesive backing.

5.5"x10.5", performance moderate

#7325†

\$6.95

6.5"x13.5", performance maximum

#7330†

\$7.95

8"x17", performance ultimate

#1204

\$9.95



FitRight® Light Bladder Pad

Absorbent core locks away moisture to keep skin dry. Full-length adhesive strip on back side secures positioning.

#4397

20 count

\$3.95

FitRight® Disposable Underwear for Women

Designed for heavy absorbency and leak protection to provide comfort and discretion. Color: beige.

#4677

20 count

\$10.95



Size	S/M	L/XL
Waist	28"–40"	40"–56"

Personal care



FitRight® Ultra Disposable Underwear

#2236[†]**\$14.50**

20 count

Pull-up style with stretchy waistband and leg gathers. Tear-away sides for easy removal. For moderate to heavy protection. Latex-free.

Size	M	L	XL
Waist	28"–40"	40"–56"	56"–68"



FitRight® Ultra Disposable Brief

#4925**\$12.00**

20 count

Ultra-soft cloth-like material with odor protection wicks fluid away to promote dryness and reduce leakage. Moisture alert wetness indicator. Ultra Absorbency.

Size	S	M	L	XL	XXL
Waist	20"–33"	32"–42"	48"–58"	57"–66"	60"–69"



Protection Plus Polymer Underpads

10 count

Disposable underpads feature a polymer and fluff core that provides extra absorbency. Latex-free.

Size: 23"x36"

#1238**\$5.00**

Size: 30"x30"

#1247**\$6.50**



Vitamin A and D+E Ointment

#1191**\$7.45**

13 oz.

Ointment may help prevent and treat diaper rash. Soothes and protects dry and chafed skin, minor cuts and burns.



Reusable Underpad

1 each

Waterproof bottom layer helps prevent leakage. Machine washable.

Size: 34"x36"

#7313**\$9.50**

Size: 34"x48"

#7319[†]**\$12.50**



Go online now to shop all catalog items, plus many more.



Remedy® Intensive Skin Therapy Calazime Paste — Fragrance-free

Zinc oxide, calamine and menthol barrier protects irritated areas of the skin and may provide temporary relief of pain. Zinc oxide 20.6% and menthol 0.44%. Hypoallergenic.

#2146
4 oz.

\$8.95



Soothe & Cool® Cornstarch Body Powder

Made with natural cornstarch. Absorbs moisture and odor. Goes on soft and rinses off easily.

#7062
14 oz.

\$3.25



Remedy® Nourishing Skin Protectant Wipes

3.6% dimethicone. Cleans, moisturizes, and protects the skin. Paraben-free and hypoallergenic. 8"x12" disposable cloths. Do not flush.

#7466
48 pack

\$9.50

Oral care



Crest® Toothpaste — Regular Paste

May help to remove plaque with proper brushing. Fluoride protection that may help fight cavities.

#9562
4.2 oz.

\$2.10



Crest® Pro-Health Advanced Deep Clean Toothpaste

May help to prevent cavities and gingivitis. Deep clean mint flavor.

#3126
5.1 oz.

\$4.75



Colgate® Toothpaste

With mini breath strips. Cool mint.

#5564
3 pack,
6 oz. each

\$8.25



Sparkle Fresh™ Fluoride Toothpaste

Formulated with fluoride, which may help to protect against tooth decay.

#8799
2.7 oz.

\$2.95



Aim™ Mint Gel

May help to remove plaque with proper brushing. Fluoride protection that may help fight cavities.

#5066
5.5 oz.

\$1.00

Personal care



Sensodyne® Sensitive Gum and Enamel Toothpaste	#3611	\$7.50
Fluoride toothpaste for sensitive teeth. Mint flavor.	3.4 oz.	



Sensodyne® Pronamel® Fresh Breath Enamel Toothpaste	#5688	\$12.95
For sensitive teeth. Fresh wave flavor.	2 pack 4 oz. each	



Sensitive Toothpaste	#5095	\$3.85
Compares to Sensodyne®. Fluoride anti-cavity toothpaste for sensitive teeth.	4.3 oz.	



Biotene® Fluoride Toothpaste	#5132	\$7.10
Reduces bacteria and dry mouth symptoms.	4.3 oz.	



Biotene® Dry Mouth Oral Rinse	#5106	\$7.05
Moisturizes mouth tissue, soothes dry mouth and strengthens teeth. Mint flavor.	16 fl. oz.	



Crest® Pro-Health Mouthwash	#5971	\$7.45
Anti-bacterial. Alcohol-free. Reduces plaque, helps prevent gingivitis and freshens bad breath.	50.7 fl. oz.	



Colgate® Sonic Toothbrush	#5020	\$7.35
Sonic action with rubber polisher with cheek and tongue cleaner. Soft bristles. One AA battery included.	1 each, quantity limit 3	



Colgate® Sonic Replacement Heads	#5021	\$10.40
Two replacement heads for Colgate® Sonic Toothbrush — Product code #5020.	2 replacement heads	



Oral-B® CrossAction All-In-One Manual Toothbrush	#7621	\$12.65
Soft bristles.	4 count	



Complete Clean Toothbrush — Soft	#5009	\$3.15
Toothbrush has massaging bristles and tongue cleaner. Color may vary.	2 count	



Go online now to shop all catalog items, plus many more.



**Complete Clean
Toothbrush — Medium**
Toothbrush has massaging bristles and tongue cleaner. Color may vary.

#5031 **\$3.15**
2 count



**Interplak® Battery Operated
Water Jet**
Help maintain healthier teeth and gums. Water jet includes: 2 jet tips.

#5126 **\$27.85**
1 each,
quantity
limit 3



**Interplak® Battery Operated Water
Jet Replacement Tips**
The 5-pack replacement tips include: jet tip, brush heads, gum massager and sub gingival tip. For use with Interplak® Battery Operated Water Jet - Product code #5126.

#5086 **\$12.95**
5
replacement
tips



Dental Floss — Waxed Mint
May help reduce decay by removing material from between teeth and under gums.

#2145 **\$4.10**
2 pack
100 yards
each



Mint Flossers
May help reduce plaque buildup and the risk of gingivitis. Easy to use, shred-resistant and raised grips for better control. Mint flavor.

#4878 **\$3.05**
90 count



BrushPicks
Safely removes food debris. May help stimulate gums.

#4806 **\$6.55**
275 count



Polident® Denture Cleanser
Three minute anti-bacterial daily cleanser.

#3165 **\$14.95**
240 count



Denture Cleanser
Compares to Efferdent®.

#4973 **\$3.30**
90 tablets



Super Poligrip® Denture Adhesive
Super strong all-day hold. Zinc free. Original.





#4984 **\$5.30**
2.4 oz.



**Fixodent® Original Denture
Adhesive Cream**
Strong all-day hold and seals food out.





#5987 **\$14.95**
2.4 oz.
3 pack

Personal care

	Denture Adhesive Compares to Fixodent® Original. Zinc free.	#5177 2 oz.	\$2.80
	Denture Brush Tough nylon bristles and oversized secure-grip handle. Colors may vary.	#4968 1 each	\$2.95
	Carmex® Medicated Lip Balm Helps to soothe and protect dry, chapped lips.	#7553 3 pack	\$3.55
	Moisture Lip Balm SPF 15 Compares to ChapStick®. May help seal in moisture to soothe and protect dry lips.	#5059 0.15 oz.	\$1.95

Skin and sun care

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	Remedy® Intensive Skin Therapy Skin Repair Cream Helps protect and relieve dryness, chapped or cracked skin. Orange vanilla scent.		
	2 oz. tube	#9156	\$4.25
	4 oz. tube	#6595	\$6.25
	32 oz. pump	#3597	\$16.50
	Remedy® Nourishing Skin Cream May help skin's natural moisture and soothe irritated skin. Paraben-free. Vanilla scent.	#1181 16 oz. pump	\$11.95
	Remedy® Intensive Skin Therapy Envliaderm™ Hydrating Serum Contains alpha hydroxy acid and amino acids to help nourish and repair extremely dry skin. Helpful on heels and lower limbs.	#1465 4 oz.	\$10.95
	Gold Bond® Rough & Bumpy Skin Daily Therapy Cream Specially formulated for rough and bumpy skin. Fragrance-free.	#5292 8 oz.	\$12.65



Go online now to shop all catalog items, plus many more.



Remedy® Intensive Skin Therapy Hydraguard-D 26% Silicone Cream

#2132

\$8.95

4 oz.

Nourishing moisture barrier cream with 12.5% dimethicone. May help protect and relieve symptoms of dry, cracked skin.



Gold Bond® Diabetics' Dry Skin Relief Lotion — Fragrance-free

#5461

\$10.65

13 oz.

Hypoallergenic lotion to help hydrate and soothe diabetics' dry skin.



Vein Healing Cream

#5632

\$14.00

4 oz.

May help diminish the appearance of varicose veins, spider veins and broken capillaries.



Aveeno® Soothing Bath Treatment with Natural Colloidal Oatmeal

#5211

\$8.10

8 packets

Temporarily protects skin and relieves itchiness while also gently cleansing and moisturizing skin. Fragrance-free.



Soothing Oatmeal Bath Treatment

#3700

\$7.10

8 packets

Compares to Aveeno®. May provide relief from poison ivy, oak, sumac, insect bites, rashes and eczema.



Remedy® Antifungal Powder

#5588

\$7.95

3 oz.

Helps treat irritations from common fungal infections like athlete's foot, jock itch, and ringworm. Talc-free.



Remedy® Phytoplex Antifungal Ointment

#5541

\$9.95

2.5 oz.

May help relieve itching, cracking, scaling and discomfort of fungal infections. Contains 2% miconazole nitrate.



Neutrogena® Age Shield® Face SPF 70

#5914

\$9.60

3 fl. oz.

Broad spectrum and oil-free. Water-resistant. Also contains skin conditioners to hydrate skin.

Personal care



Coppertone® Sport Sunscreen Spray SPF 50 — Twin Pack	#5463	\$15.00
Broad spectrum SPF 50. Water and sweat resistant for up to 80 minutes.	5.5 oz.	
	2 pack	



Sunscreen Lotion — SPF 30	#5695	\$4.75
Compares to Coppertone®. UVA/UVB protection. Water-resistant.	8 oz.	



Sunscreen Lotion — SPF 50	#5697	\$5.20
Compares to Coppertone®. UVA/UVB protection. Water-resistant.	8 oz.	



Remedy® Mineral Sunscreen Stick SPF 50	#5326	\$9.95
UVA and UVB protection. Water-resistant. Contains 20% zinc oxide.	0.5 oz.	



Sunburn Relief	#5882	\$4.70
Aloe and lidocaine gel may help cool, soothe and relieve sunburn pain.	8 oz.	



Aloe Vera Gel	#5707	\$4.25
May help soothe and cool skin.	16 oz.	



Clearasil® Ultra Rapid Action Pads for Acne	#2375	\$8.50
Exfoliating pad may help reduce pimple size and redness. Contains salicylic acid 2%.	90 count	



Neutrogena® Oil-Free Salicylic Acid Acne Fighting Face Wash	#2892	\$8.75
Oil-free acne face wash with salicylic acid medication to help treat breakouts. Contains 2% salicylic acid.	9.1 fl. oz.	



Neutrogena® Rapid Clear 2-in-1 Fight & Fade Acne Toner	#2843	\$9.75
May help reduce pimple size, swelling and redness within 8 hours. Increases surface cell exfoliation to help fade the look of post-acne marks.	8 fl. oz.	



Go online now to shop all catalog items, plus many more.



Clean & Clear® Advantage Acne Spot Treatment

Contains 2% salicylic acid. Topical treatment. Oil-free. Works to reduce the size, redness and swelling of pimples.

#2498
0.75 fl. oz.

\$8.50



Acne Treatment Cream

Salicylic acid 2%.

#2684
1 oz.

\$5.25

Sleeping and snoring



Vicks® ZzzQuil™ Nighttime Sleep-Aid

Diphenhydramine HCl 25 mg.

#3218**
48
LiquiCaps™

\$14.00



VitaJoy® Melatonin 5 mg

Strawberry flavor.

#9612
120
gummies

\$13.35



Nature's Bounty® Melatonin 3 mg Quick Dissolve Tabs

Quick dissolve. May help promote sleep.

#2323**
120 count

\$8.10



CPAP Pillow with Memory Foam

May help provide comfortable and effective use of CPAP breathing equipment while sleeping. 20"x12"x5".

#1865
1 each,
quantity
limit 3

\$49.60

Vitamins and supplements

Vitamins and supplements



Sentry Multivitamin

One-a-day formula with essential vitamins and minerals.

#5775
130 tablets

\$6.35

Vitamins and supplements



Centrum® Silver® Adults 50+ Multivitamin.
Multivitamin/multimineral supplement to help support full body wellness.

80 count	#5703**	\$10.00
125 count	#5719	\$12.95



Sentry Senior 50+ Multivitamin
Compares to Centrum® Silver®. Multivitamin and multimineral supplement for mature adults.

#5144	\$8.40
100 tablets	



VitaJoy® Multivitamin
Assorted fruit flavors.

#2378	\$10.55
120 gummies	



Multivitamin Gummies
Raspberry flavor.

#8623	\$6.65
60 gummies	



PreserVision® AREDS 2 Formula Eye Vitamin and Mineral Supplement
May help reduce the risk of AMD progression.

#2631	\$34.20
120 softgels	



Nature's Bounty® Acidophilus Probiotic
May help support digestive and immune systems.

#2326**	\$12.95
120 count	



Probiotic
Compares to Florastor®. Saccharomyces boulardii 250 mg. Helps maintain intestinal health.

#6822	\$21.15
50 capsules	



Vitamin A 10,000 IU
May help promote a healthy immune system.

#6932	\$5.65
110 softgels	



Vitamin B-6 100 mg
May help promote brain, eye and nervous system health.

#5612	\$4.45
100 tablets	



Vitamin B-12 500 mcg
May help contribute to a healthy nervous system.

#5627**	\$4.20
100 tablets	



Go online now to shop all catalog items, plus many more.



**Vitamin C 500 mg
Chewable Tablets**

May provide antioxidant support and immune function support. Orange flavor.

#5550** **\$8.45**
110 tablets



VitaJoy® Daily D 2000 IU
Peach flavor.

#4852 **\$12.00**
120
gummies



Vitamin D3 1000 IU
May help support bone, joint and immune health.

#5609** **\$5.15**
100 tablets



Vitamin D3 2000 IU
May help improve bone strength and assist in immune system health.

#5725** **\$6.60**
250 tablets



Vitamin E 200 IU
May help support heart, immune system and other organ health.

#2977 **\$3.65**
100 softgels



VitaJoy® Biotin 5000 mcg
May help promote healthy skin, hair and nails. Strawberry flavor.

#5223 **\$15.85**
120
gummies



Biotin 500 mcg
May help promote healthy skin, hair and nails.

#5634 **\$3.55**
60 tablets



Calcium 600 mg with Vitamin D3 800 IU
Compares to Caltrate® 600 + D. May help promote strong bones and teeth.

#5811** **\$14.55**
300 tablets



Calcium Chews 650 mg with Vitamins D & K
Vitamin D may help boost calcium absorption. Resealable tub. Compares to Viactiv®. Chocolate flavor.

#6935 **\$10.65**
60 chews



Chromium Picolinate 200 mcg
May help promote blood sugar health.

#5863** **\$5.95**
100 tablets



Nature's Bounty® CoQ-10 200 mg
May help support cardiovascular health.

#2872 **\$15.40**
60 gummies

Vitamins and supplements



Coenzyme Q-10 100 mg

Coenzyme Q-10 may help promote heart health.

#5820

30 softgels

\$7.35



Ferrous Sulfate 325 mg (Iron 65 mg)

May help promote red blood cell formation. Iron may also be important for proper muscle function and energy production. Contains Calcium 20 mg.

#2948

100 tablets

\$3.95



Iron 27 mg

May help promote red blood cell formation. Iron may also be important for proper muscle function and energy production.

#8504

100 tablets

\$4.85



Flax Seed Oil 1000 mg

Good source of Omega-3 fatty acids. May help promote a healthy heart and immune system.

#5853**

60 softgels

\$3.85



Folic Acid 400 mcg

May help promote heart and cardiovascular wellness.

#3016

100 tablets

\$2.70



Glucosamine 750 mg and Chondroitin 600 mg

Two tablets daily equal 1500 mg glucosamine and 1200 mg chondroitin. May help rebuild cartilage and lubricate joints.

#8513

100 tablets

\$20.75



Nature's Bounty® Krill Oil 500 mg

May help support heart, brain and joint health.

#2005

30 softgels

\$12.25



L-Lysine 500 mg

Amino acid that may promote immune strength.

#5651

100 tablets

\$5.20



Magnesium Oxide 400 mg

May help relieve heartburn, sour stomach or acid indigestion.

#2657

120 tablets

\$6.30



Go online now to shop all catalog items, plus many more.



Omega-3 Fish Oil 1000 mg

May help support heart, joint and brain health. Contains EPA and DHA fatty acids.

#5866**
90 softgels

\$9.20

Diabetes OTC



Diabetes Glucose Gel

May help raise low blood sugar. Fruit punch flavor.

#2838**
6 packets,
1.1 oz. each

\$17.90



Diabetes Glucose Tablets

May help raise low blood sugar. Chewable. Orange flavor.

#2960**
50 tablets

\$4.85

Home health care

Bathroom safety



Shower Safety Benches

Height adjustable with an aluminum frame. No tools needed, some assembly required. Seat height adjustable from 16" to 21". Seat width is 15.5" and width from side to side is 18.5". Weight capacity: 350 lbs. One-year limited warranty.

1 each,
quantity
limit 2

With Back
Without Back

#2304
#2320

\$44.00
\$37.00



Tub and Stair Safety Treads

Waterproof and non-slip treads stick to almost any surface: tubs, stairs, stools and more. Mildew resistant, easy to clean. Color: white.

#2298
8 count,
quantity
limit 10

\$4.00

Home health care



Handheld Shower — Deluxe
Three massaging options.

#1322
1 each,
quantity
limit 2

\$17.40



Bath Mat
Textured rubber top provides a safe grip for your feet. 13.4"x29".

#2345
1 mat,
quantity
limit 2

\$16.35



Raised Toilet Seat
Seat sits on standard toilet bowl and raises height by 5". Weight capacity: 250 lbs. Recommended for use with toilet safety rails.

#2359
1 each,
quantity
limit 2

\$25.20



Foldable Toilet Safety Rails
For secure support. Adjustable height from 26" to 31" accommodates standard or elevated toilet seats. Side arms adjust from 18" to 24" wide. Weight capacity: 250 lbs.

#2386
1 each,
quantity
limit 2

\$42.20

Braces and supports

.....



Arthritis Gloves
May help relieve arthritis hand pain and swelling. Provides mild compression. Cotton lycra. Measure across the knuckles to size.

#4635
1 pair

\$6.60

Size	S	M	L
Knuckles	Up to 3.125"	Up to 3.5"	Up to 4"



Carpal Tunnel Glove
May help prevent and relieve carpal tunnel syndrome, increase comfort and circulation, and ensure ergonomically correct wrist position. Measure across knuckles to size. Fits either hand.

#4689
1 each

\$19.20

Size	S	M	L
Knuckles	Up to 3.25"	Up to 3.75"	Up to 4.25"



Go online now to shop all catalog items, plus many more.



Thumb Brace

For arthritis and tendinitis. Keeps thumb in neutral position. Fits right or left hand. Latex-free. Made with neoprene, nylon and elastic.

#4629

\$6.90

1 each



Curad® Elastic Pull-Over Wrist Support

May help support a weak or injured wrist. Fits either hand. Latex-free. Measure around wrist to size.

#4630

\$9.95

1 each

Size	S	M	L	XL
Wrist	5"–6"	6"–7"	7"–8"	8.5"–10"



Curad® Elastic Pull-Over Elbow Support

For mild strains and sprains. Breathable compression with Microban® antimicrobial protection. One size fits most. Color may vary.

#4903

\$9.75

1 each



Curad® Elastic Pull-Over Knee Support

Provides moderate compression. Made with latex-free elastic. Measure knee circumference at knee cap with leg straight to size.

#4602

\$9.95

1 each

Size	S	M	L	XL	XXL
Knee	14"–16"	16"–18"	18"–20"	20"–22"	22"–24"



Curad® Knee Support with Patella Pad

May help with tendinitis and weak or arthritic knees. Breathable with Microban® protection. Adjustable. Fits 12"-21" when measured around leg above knee.

#4801

\$20.35

1 each



Curad® Infrared Pull-Over Ankle Support

Elastic. Targeted compression may help reduce swelling. Can be worn on left or right ankle. Measure around heel and instep.

#4716

\$14.75

1 each

Size	S/M	L/XL
Heel/instep	9"-13"	13"-17"

Home health care



Curad® Back Support with Dual Pulley System

#4623
1 each

\$16.75

Provides added support for the lower back and abdomen. Low profile design allows support to fit comfortably under clothing.

Size	S/M	L/XL	XXL
Waist	28"-36"	37"-44"	45"-50"

Canes



Cane with Offset Handle

1 each

Aluminum cane with soft cushion handle and wrist strap. Adjustable height from 29" to 38". Weight capacity: 300 lbs.

Color: Black

#1995

\$10.25

Color: Chrome

#1954

\$10.25

Color: Bronze

#1974

\$10.25



Large Base Quad Cane

#1928[†]
1 each

\$29.95

Includes 4-point base. Handle height adjusts in one-inch increments from 29" to 38". Weight capacity: 500 lbs.



Small Base Quad Cane

#1950[†]
1 each

\$19.95

Stable 4-point base. Weight capacity: 300 lbs. Height adjusts from 29" to 38".



Folding Cane

#1901[†]
1 each

\$21.25

Contoured grip handle. Folds for travel or storage. Non-slip rubber tip. Adjustable height from 32" to 36". Weight capacity: 250 lbs.



Cane for Vision Impaired

#2324[†]
1 each

\$15.65

Lightweight construction. Includes elastic strap and 2 reflective strips. Length is 14" folded and 49" extended. Color: white. Non-weight bearing.



Go online now to shop all catalog items, plus many more.

Daily living aids

.....



Sharps Container

Disposable container designed for the collection of sharps waste. Safe for home garbage.

#3845

1 quart

\$3.55



Electric Heating Pad

Includes auto shut off. Size: 12"x24"

#1716

1 each,
quantity
limit 2

\$22.00



Shoulder and Neck Heated Pad Wrap

May soothe and relax muscles.
Machine washable micro-plush cover.
3 heat level settings and auto turn-off.

#7845

1 each,
quantity
limit 2

\$36.00



Nightlight

Auto on/off by the light sensor inside the lamp, low power consumption, long lifetime (50,000 hours) and UL certified.

#5945

2 pack,
quantity
limit 5

\$6.50



Pill Box — 7 Day

Classic pill box with translucent plastic (1x per day).

#5058

1 each

\$2.35



Pill Box — Easy Open

EZ Push Button AM/PM pill box (2x per day).

#1532

1 each

\$5.35



Pill Splitter and Crusher

Pill splitter and crusher with built-in storage for medication.

#8462

1 each

\$6.95



Digital Food Scale

Capacity: 11 lbs. Battery operated.

#3743

1 each,
quantity
limit 2

\$15.80



Air Purifier

Three speeds. Effective for rooms up to 250 sq. ft.

#8335

1 each

\$118.85

Home health care



Air Purifier Replacement Filter
For use with #8335 Air Purifier.

#8179 **\$31.75**
1 each



Air Purifier and Desktop Fan Combo
Three speeds. Efficiently cleans your indoor air by removing pollutants.

#8268 **\$37.05**
1 each



Cool Mist Humidifier
Filter-free and contains an antimicrobial water tank. Adjustable mist dial. Can be used in medium-sized rooms. Unit stops automatically when water runs out. Built-in LED nightlight. Three-year limited warranty. Color and style may vary.

#3163 **\$52.75**
1 each,
quantity
limit 2



Warm Mist Humidifier with Steam Inhaler
Removable 0.5 gallon tank runs quiet up to 8 hours, effectively humidifies rooms up to 250 sq. ft. Humidifier converts to personal steam inhaler. Color may vary.

#2165 **\$58.00**
1 each,
quantity
limit 2



Warm Mist Steam Inhaler Pads
Non-medicated vapor pads provide soothing relief for congestion. Contains eucalyptus oil, menthol, peppermint oil, and spearmint oil. Use with product #2165 Warm Mist Humidifier.

2113 **\$13.25**
12 each
per pack,
quantity
limit 2



Medical Bracelet
Highly polished, hypoallergenic stainless steel with medical alert symbol. Engraving is on back of bracelet. Bracelet is 7.5" in length.

1 each

Diabetic	#1768	\$20.00
Heart Patient	#8189	\$20.00
Seizure Disorder	#6251	\$20.00



Go online now to shop all catalog items, plus many more.

Home tests and monitoring

.....



BinaxNOW Covid-19 Antigen Self Test

#3131
2 tests

\$22.50

Two tests per box. Includes: test cards, nasal swabs, reagent bottles and an easy-to-follow instruction booklet. See results in 15 minutes.



Talking Digital Floor Scale

#5629****
1 each,
quantity
limit 2

\$28.95

Speaks in English, Spanish, Greek, German or Croatian. Platform size: 12.2"x12.2". 440 lb. capacity.



Digital Floor Scale

#5571****
1 each,
quantity
limit 2

\$14.50

Sturdy floor scale with glass top surface. 330 lb. capacity. Batteries included.



Talking Ear and Forehead Thermometer

#5600
1 each,
quantity
limit 2

\$20.20

Speaks in 6 languages. May provide results in 2 seconds. Includes 2 AAA batteries.



Large Display Digital Thermometer

#6851
1 each,
quantity
limit 2

\$10.50

Digital oral thermometer with large, easy-to-read LCD display. Batteries included. One-year limited warranty.



Fingertip Pulse Oximeter

#5533
1 each,
quantity
limit 2

\$41.10

Measures the oxygen level in your blood stream and your pulse rate. Two AAA batteries included. One-year limited warranty.



Standard Blood Pressure Monitor

#5419
1 each,
quantity
limit 2

\$31.00

Large digital screen. Cuff fits arms 8.6"–11.75". Four AA batteries included. One-year limited warranty.



Evencare® G2 Glucose Test Strips

#2677**
50 test
strips

\$8.50

Blood glucose testing strips. For use with Item #2231 — Evencare® G2 Blood Glucose Meter.

Home health care



Evencare® G2 Blood Glucose Meter	#2231	\$16.00
Option to test on forearm, palm or fingertips. Voice assistance to guide through the process with results in 6 seconds. For use with Item #2677 — Evencare® G2 Glucose Test Strips.	1 each	



No Touch Thermometer	#5451	\$33.75
Uses infrared technology to quickly measure temperature. Backlit LCD display will glow red or green based on the fever indication. Lithium battery included.	1 each, quantity limit 2	



Wrist Blood Pressure Monitor	#5490**	\$21.05
Memory capabilities and digital screen. Fits wrist size 5.3"—8.5". Two AAA batteries included. One-year limited warranty.	1 each, quantity limit 2	



Heart Rate Monitor Watch	#5605	\$21.30
Includes calorie counter, pedometer pulse rate, date/time, stopwatch, timer and alarm features. Fits wrist size 6"—9".	1 each, quantity limit 2	



Heart Rate Monitor Watch	#2261	\$21.30
Includes calorie counter, pedometer pulse rate, date/time, stopwatch, timer and alarm features. Fits wrist size 4.5"—7.5".	1 each, quantity limit 2	

* Scales are only available to members with congestive heart failure or liver disease in order to monitor weight changes. Scales are not allowable for other conditions or diseases. Please discuss with your health care provider before ordering.

** Members may order these item(s) after consulting with their doctor who recommends the item(s) for a specific condition. Debate exists on the merits of these supplements. It's important that you speak with your doctor before taking supplements, especially if you have a serious medical condition. These statements have not been evaluated by the Food and Drug Administration.

*** In certain circumstances some items on this page may be covered by the plan, or Original Medicare if you are not enrolled in the plan, and if item is determined to be medically necessary. Please check with your healthcare provider before ordering.

Notes

You can use this page to write down helpful information for future orders such as item numbers, product descriptions, and any other questions to ask on your next call.

This image shows a single page of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page, leaving small margins at the top and bottom. There are no vertical margin lines, text, or other markings on the page.

Notes

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Things to note when shopping online or through this catalog:

- You must use your Align powered by Sanford Health Plan Healthy Benefits+ flex card for all purchases.
- Only plan members may use the products.
- You don't pay for taxes or shipping when ordering through the catalog or online. Taxes apply at retail stores.
- Once your order is processed, standard delivery takes between 2-4 business days, but may vary based on demand.
- Unused allowance dollars cannot be redeemed for cash.
- Products may have quantity limits.
- Prices are subject to change.
- If your product is not in stock, an item of similar or greater value may be shipped in its place.

Return policy

We don't allow returns or exchanges. Please call us at **1-833-818-8918**, TTY **711** within 30 calendar days of placing your order if:

- You haven't received your order.
- You received a defective or damaged item.



This over-the-counter (OTC) benefit is part of your Align plan powered by Sanford Health plan Healthy Benefits+ flex card allowance. Order online or through this catalog and Optum Personal Care Benefits will deliver right to your home.

Questions? We're here to help.

Call **1-833-818-8918**, TTY **711**

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8 a.m.–8 p.m. local time, Mon.–Fri.: Apr.–Sept.

Important Align powered by Sanford Health Plan information. Health and wellness or prevention information. If you have questions, our customer service team is available at (888) 278-6485 (TTY: (888) 279-1549). Align powered by Sanford Health Plan is a PPO with a Medicare contract. Enrollment in Align powered by Sanford Health Plan depends on contract renewal. Sanford Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, or any other classification protected under the law. If you need language services or information given in a different format please call (888) 278-6485 (TTY: (888) 279-1549).

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (888) 278-6485 (TTY: (888) 279-1549). 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電(888) 278-6485 (TTY: (888) 279-1549)。

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