Whatever your reason, you can get your out-of-pocket quitting costs covered.

Sanford Health Plan members receive the following tobacco cessation benefits at a **$0 COPAY**:

- Prescription and over-the-counter cessation medications for 180 days
- Up to 8 nicotine clinical counseling sessions
- Wellness coaching and/or consult to explore the best fit for you

Call Customer Service at
(800) 752-5863 for more information.

SANFORD®
HEALTH PLAN

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