

Step Therapy

Sanford Health Plan maintains a list of medications that require step therapy. These guidelines are in place so lower cost medications that have the same clinical effect are tried first. Medical records indicating the member has tried and failed at least a 30-day supply of one or more of the step medications before the plan will cover the target medication. This policy only pertains to medications on the formulary, any non-formulary medications will be reviewed as a formulary exception.

To request a step therapy override or formulary exception, contact Pharmacy Management at (855) 305-5062 or complete the Prescription Drug Authorization Request and Formulary Exception form located at sanfordhealthplan.com.

Diabetic (GLP-1) Medications		
Target Medication	Step Medication	
Bydureon	metformin	repaglinide
Byetta	chlorpropamide	repaglinide/metformin
Victoza	glimepiride	tolazamide
Xultophy	glyburide	tobutamine
Tanzeum	glyburide/ metformin	acarbose
Adlyxin	glipizide	Invokamet
Trulicity	glipizide/ metformin	Invokamet XR
Soliqua	metformin	Segluromet
Bydureon Bcise	miglitol	Synjardy
Ozempic	pioglitazone	Synjardy XR
Rybelsus	pioglitazone/ metformin	Xigduo XR
	pioglitazone/ glimepiride	
Antidepressant Medications (SSRI/SNRI)		
Target Medication	Step Medication	
Viibryd	citalopram	
Fetzima	desvenlafaxine (Pristiq generic)	
Trintellix	duloxetine	
Desvenlafaxine ER (Khedezla authorized generic)	escitalopram	
Desvenlafaxine Fumerate	fluoxetine	
Khedezla	fluvoxamine	
Pexeva	paroxetine	
	sertraline	
	venlafaxine	
	venlafaxine ER	

Fibromyalgia Medications

Target Medication	Step Medication
Lyrica CR Savella	duloxetine gabapentin pregabalin

Gout Medications

Target Medication	Step Medication
Uloric (febuxostat)	allopurinol

COPD Medications

Target Medication	Step Medication
Lonhala Yupreli	Incruse Ellipta Spiriva Spiriva Respimat Tudorza

Atypical Antipsychotic Medications

Target Medication	Step Medication
Vraylar Fanapt Latuda Rexulti Saphris Caplyta Secuado	aripiprazole clozapine clozapine odt olanzapine olanzapine odt olanzapine/fluoxetine paliperidone ER quetiapine quetiapine ER risperidone risperidone odt Ziprasidone

Glaucoma (ophthalmic prostaglandin) Medications

Target Medication	Step Medication
Lumigan 0.01% Zioptan Travatan Z Vyzulta Rocklatan	bimatoprost 0.03% ophthalmic solution latanoprost 0.005 ophthalmic solution Xelpros travoprost 0.004%

Over Active Bladder Medications

Target Medication	Step Medication
Myrbetriq Toviaz	darifenacin ER oxybutynin oxybutynin ER tolterodine trospium trospium ER solifenacin

Hyperhidrosis Medications

Target Medication	Step Medication
Qbrexza	Drysol Xarac AC

Ophthalmic Steroid Medications

****must step through a generic as well as Inveltys or Lotemax SM****

Target Medication	Step Medication
FML Forte Pred Mild Lotemax (loteprednol) SUS Lotemax Gel Lotemax Oint Alrex Durezol	Prednisolone Acetate 1% Dexamethasone 0.1% Fluometholone 0.1% Inveltys Lotemax SM

Chronic Idiopathic Constipation

Target Medication	Step Medication
Motegrity Trulance	Amitiza Linzess

Parkinson's

Target Medication	Step Medication
Rytary	Carbidopa/Levodopa Carbidopa/Levodopa ER Carbidopa/Levodopa ODT Carbidopa/Levodopa/Entacapone

Reyvow

****must fail two step medications****

Target Medication	Step Medication
Reyvow	almotriptan eletriptan frovatriptan naratriptan rizatriptan sumatriptan zolmitriptan

CGRP Prophylactic

Target Medication	Step Medication
Aimovig Emgality Ajovy	<p>*Must try one in each class</p> <p><u>Betablockers</u></p> <ul style="list-style-type: none"> • Propranolol • timolol • metoprolol <p><u>Anti-epileptics</u></p> <ul style="list-style-type: none"> • divalproex • valproic acid • topiramate

Orexin Receptor Antagonist Step therapy (Dayvigo, Belsomra)

Target Medication	Step Medication
Dayvigo Belsomra	eszopiclone zaleplon zolpidem triazolam temazepam ramelteon doxepin