



NDPERS Tobacco Cessation Program

Don't let tobacco stop you.

Get \$700 to cover your out-of-pocket quitting costs.

Who's eligible? Current employees and their dependents age 18 and older of:

- State of North Dakota
- North Dakota University System
- District health units
- Garrison Diversion Conservation District

What's covered?

- \$200 for office visits and co-pays
- \$500 for FDA-approved medications
 - Over-the-counter: Nicotine gum, patches or lozenges
 - Prescription: Bupropion, Chantix, nasal spray or inhaler

Enroll today.
(877) 737-7730 or
sanfordhealthplan.com/ndpers



SANFORD
HEALTH PLAN

City, county and other NDPERS members are not eligible for this program. There are also free resources available for all North Dakota residents through NDQuits. Visit ndhealth.gov/ndquits for more information.