COVID-19 Update: Provider Guidance for Treatment Coverage and Expanded Telemedicine Services

Updated Coverage Announcement
To best service our members in this time of uncertainty, Sanford Health Plan will waive all cost-sharing for treatment of COVID-19 through May 31, 2020. This means members will receive care and treatment and Sanford Health Plan will cover all of their out-of-pocket costs related to COVID-19. This provides for coverage of testing and treatment, including outpatient treatment and inpatient hospital stays.
Sanford Health Plan has already implemented the following steps to meet the crucial needs of our members:

- Waiving prior authorizations for diagnostic tests and related covered services that are medically necessary and consistent with the Centers for Disease Control and Prevention (CDC) guidance for members if diagnosed with COVID-19.
- Covering, with no cost to members, the appropriate medically necessary diagnostic tests for COVID-19, where it is not covered as a part of the Public Health Services response, and covering any subsequently needed care once COVID-19 diagnosis occurs, consistent with the standard provisions of the member’s health benefits.
- Increasing access to prescription medications by removing early medication refill limits on prescription maintenance medications (consistent with members’ benefit plans)
- Expanding access to telehealth services and covering at no-cost to the member

Covered Telehealth Services
Telehealth coverage extends to the following medically appropriate services at no-cost to members:

- Audio-only visits
- Behavioral health and substance use disorder treatment
- Diabetes education
- Nutrition counseling
- Occupational therapy (OT) (plan evaluation and treatment)
- Telehealth office visits
- Physical therapy (PT) (plan evaluation and treatment)
- Speech therapy (ST) (plan evaluation and treatment)

Telehealth services must:
- Maintain visual or audio contact between the provider and member.
- Be medically appropriate and necessary with supporting documentation included in the member’s clinical medical record
- Use appropriate coding as noted below.

As partners in the treatment of our members, Sanford Health Plan will rely on providers to only offer medically appropriate services via Telehealth. Because these services are offered in parity to office visits, all treatments received via Telehealth will count toward plan limitations and exclusions. Members will be charged for treatment provided above benefit limitations listed in their benefit policies.
Sanford Health Plan will continue to cover many services when rendered via Telehealth as covered under its existing Telehealth policy. This includes services delivered via a non-HIPAA compliant platform as long as the COVID-19 National Emergency is in effect. Sanford Health Plan will allow the lifting of license requirements for Telehealth providers in those states that have allowed for non-licensed providers in good standing to provider services. All other standard credentialing and billing practices still apply. Provider reimbursement will be subject to current contractual terms.

**Required Coding**

<table>
<thead>
<tr>
<th>Applicable Modifier(s)</th>
<th>“GT” or “95”</th>
<th>Via interactive audio and video telecommunication systems. Billed by performing provider for real-time interaction between the provider and member who is located at a distant site from the reporting provider.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Place of Service</td>
<td>“02”</td>
<td>Telehealth — the location where health services and health related services are provided or received, through a telecommunication system.</td>
</tr>
<tr>
<td>Temporary Expanded Coverage</td>
<td>CPT®/HCPCS Code 99441-99443</td>
<td>Telephone services</td>
</tr>
</tbody>
</table>

**Excluded Telehealth Services**

Telehealth coverage does not cover:
- Acupuncture
- Benefits excluded from coverage based on the member’s policy
- Chiropractic care
- Deferrable elective care
- Dental care
- Medically inappropriate services or services that cannot be performed adequately via Telehealth for the medical condition

If you have any questions regarding this information, please contact Provider Relations providerrelations@sanfordhealth.org.