



Fitness Center Reimbursement

Frequently Asked Questions

The Fitness Center Reimbursement program provides up to \$20 monthly reimbursement when you use your fitness center at least 12 days per month.

How do I get started?

The fitness center reimbursement form is paperless. You can enroll and manage your account all online. To enroll for the first time, have your Sanford Health Plan member ID card and banking information on hand.

1. Go to NIHCarewards.org and click “First Time Enrollment.” Select Sanford Health Plan from the drop down menu.
2. Search for your fitness center location by zip code. Select your center and click “Enroll Online.” If your gym does not appear in the search results, try increasing the search radius.
3. Agree to the terms of service, and then enter your contact, health plan and banking information.
4. Click “Submit” and you are enrolled.

How and when will I be reimbursed?

Most participants receive an automatic deposit into a bank account on or around the 21st of the following month. There is a monthly maximum reimbursement of \$40 per household (insured employee and spouse).



What if my gym's fees are less than \$20 per month?

You will receive reimbursement for the amount you actually pay for gym membership per month.

My gym has multiple locations. Can I work out at any location and have it counted toward my 12 workouts per month?

You must choose one home fitness location. Only the location you enrolled with will count toward your monthly credit.

What if I don't receive my reimbursement?

You can view the status of your reimbursement in your account at [NIHCarewards.org](https://www.nihcarewards.org). If there was an error that needs to be resubmitted, contact your fitness center. For assistance with other errors, contact Sanford Health Plan at (844) 742-0014. All errors must be resolved by February 8 of the following year. It is your responsibility to ensure your gym visits are recorded correctly and payments are received.

What if I terminate my gym membership?

If you voluntarily cancel your fitness center membership or become delinquent in your membership dues, you will not be eligible for reimbursements. If you move your gym membership to a new facility, log on to [NIHCarewards.org](https://www.nihcarewards.org) and select your new gym to continue receiving reimbursements.

For other questions regarding fitness center reimbursements, contact Sanford Health Plan at **(844) 742-0014**.

The Fitness Center Reimbursement program may not be available to all members. Check with your employer to find out if this program is included in your employee benefits.

The IRS considers reimbursements received through this benefit as taxable income. Talk to your employer about how this tax will be administered.

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