

# Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services

Simplicity Individual Silver \$200 | South Dakota

Coverage Period Beginning on or after: 01/01/2020

Coverage for: Individual + Family | Plan Type: PPO | Non-Grandfathered

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, <u>sanfordhealthplan.com/sbcfinder</u> or by calling 1-800-752-5863 (toll free) | TTY/TDD: 1-877-652-1844 (toll-free). For general definitions of common terms, such as <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other underlined terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary/ or call 1-800-752-5863 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	For network providers \$200 individual / \$400 family. For out-of-network providers \$9,500 individual / \$19,000 family. Copays do not apply to deductible.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care and primary care services are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without cost-sharing and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan?</u>	For network providers \$1,750 individual / \$3,500 family. For out-of-network providers \$16,300 individual / \$32,600 family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit for this plan?	Premium, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See www.sanfordhealthplan.com or call 1-800-752-5863 for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a provider in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a provider for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays (balance billing). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your provider before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the in-network <u>specialist</u> you choose without a <u>referral.</u>

Provider Network: Broad



All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

		What You Will Pay			
Common Medical Event	Services You May Need	Network provider (You will pay the least)	Out-of-network provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	\$10 copay / visit	60% <u>coinsurance</u> after <u>deductible</u>	None	
If you visit a health	Chiropractic care	\$10 <u>copay</u> / visit	60% <u>coinsurance</u> after <u>deductible</u>	Office visit <u>copay</u> applies to the office visit charge and manual manipulation only. All other eligible modalities and therapies are subject to <u>deductible</u> / <u>coinsurance</u> .	
care <u>provider's</u> office or clinic	Specialist visit	\$30 <u>copay</u> / visit	60% <u>coinsurance</u> after <u>deductible</u>	None	
	Preventive care/screening/immunization	No charge	60% <u>coinsurance</u> after <u>deductible</u>	You may have to pay for services that aren't part of the preventive health guidelines. Ask your provider if these services you need are preventive. Then check what your plan will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	10% <u>coinsurance</u> after <u>deductible</u>	60% coinsurance after deductible	None	
ii you nave a test	Imaging (CT/PET scans, MRIs)	10% <u>coinsurance</u> after <u>deductible</u>	60% <u>coinsurance</u> after <u>deductible</u>	None	
If you need drugs to treat your illness or	Generic drugs less than \$6 Generic drugs greater or equal to \$6	\$0 copay / prescription \$3 copay / prescription	Not covered	Covers up to a 30-day supply.  Generic cost is based on total drug cost per 30-day supply.	
condition  More information about	Preferred brand drugs	\$20 <u>copay</u> / prescription	Not covered	Brand name drugs with generic equivalents require additional cost share. Difference in cost does not apply to	
prescription drug coverage is available at	Non-preferred brand drugs	\$40 <u>copay</u> / prescription	Not covered	deductible or out-of-pocket limit.  If the cost of the prescription falls under the copay	
sanfordhealthplan.com/	Specialty drugs	10% coinsurance after deductible	Not covered	amount, you will pay the least.  Refer to your <u>Formulary</u> to determine which benefit applies to your medication.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	10% <u>coinsurance</u> after <u>deductible</u>	60% <u>coinsurance</u> after <u>deductible</u>	Certain outpatient services may require authorization (pre- approval) by the Plan. For a list of services, see the Prior	

	What You Will Pay				
Common Medical Event	Services You May Need	Network provider (You will pay the least)	Out-of-network provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
				Authorization list at sanfordhealthplan.com.	
	Physician/surgeon fees	10% <u>coinsurance</u> after <u>deductible</u>	60% <u>coinsurance</u> after <u>deductible</u>	None	
	Emergency room care	10% <u>coinsurance</u> after <u>deductible</u>	10% <u>coinsurance</u> after <u>deductible</u>	None	
If you need immediate medical attention	Emergency medical transportation	10% <u>coinsurance</u> after <u>deductible</u>	10% <u>coinsurance</u> after <u>deductible</u>	None	
	<u>Urgent care</u>	\$10 <u>copay</u> / visit	\$10 <u>copay</u> / visit	Additional services may be subject to <u>deductible</u> / <u>coinsurance</u> .	
If you have a hospital	Facility fee (e.g., hospital room)	10% <u>coinsurance</u> after <u>deductible</u>	60% <u>coinsurance</u> after <u>deductible</u>	Prior authorization required.	
stay	Physician/surgeon fees	10% <u>coinsurance</u> after <u>deductible</u>	60% <u>coinsurance</u> after <u>deductible</u>	None	
	Outpatient services				
If you need mental health, behavioral health, or substance	Office visit: Other outpatient services:	\$10 <u>copay</u> / visit 10% <u>coinsurance</u> after <u>deductible</u>	60% <u>coinsurance</u> after <u>deductible</u>	None	
abuse services	Inpatient services	10% <u>coinsurance</u> after <u>deductible</u>	60% <u>coinsurance</u> after <u>deductible</u>	Prior authorization required.	
	Office visits	No charge	60% coinsurance after deductible	Cost sharing does not apply to routine prenatal and postnatal-care and certain preventive services.	
If you are pregnant	Childbirth/delivery professional services	10% <u>coinsurance</u> after <u>deductible</u>	60% <u>coinsurance</u> after <u>deductible</u>	Depending on the type of services <u>copayment</u> or <u>coinsurance</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e.	
	Childbirth/delivery facility services	10% <u>coinsurance</u> after <u>deductible</u>	60% <u>coinsurance</u> after <u>deductible</u>	ultrasound).	
If you need help recovering or have	Home health care	10% <u>coinsurance</u> after <u>deductible</u>	60% <u>coinsurance</u> after <u>deductible</u>	Prior authorization required.	
other special health needs	Rehabilitation services Office visit:	\$10 <u>copay</u> / visit	60% <u>coinsurance</u> after <u>deductible</u>	Office visit <u>copay</u> covers evaluation.  Therapies are subject to <u>deductible</u> / <u>coinsurance</u> .	

	What You Will Pay			
Common Medical Event	Services You May Need	Network provider (You will pay the least)	Out-of-network provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Other outpatient services:	10% <u>coinsurance</u> after <u>deductible</u>		
	Habilitation services			
	Office visit:	\$10 <u>copay</u> / visit	60% coinsurance	Office visit copay covers evaluation.
	Other outpatient services:	10% <u>coinsurance</u> after <u>deductible</u>	after <u>deductible</u>	Therapies are subject to <u>deductible</u> / <u>coinsurance</u> .
	Skilled nursing care	10% <u>coinsurance</u> after <u>deductible</u>	60% <u>coinsurance</u> after <u>deductible</u>	Prior authorization required. Limited to 90 days in any consecutive 12 month period.
	Durable medical equipment	10% <u>coinsurance</u> after <u>deductible</u>	60% <u>coinsurance</u> after <u>deductible</u>	Prior authorization may be required.
	Hospice services	10% <u>coinsurance</u> after <u>deductible</u>	60% <u>coinsurance</u> after <u>deductible</u>	None
	Children's eye exam	No charge	60% <u>coinsurance</u> after <u>deductible</u>	Limited to 1 visit per calendar year. Until end of month member turns 19.
	Children's glasses	10% coinsurance after deductible	60% <u>coinsurance</u> after <u>deductible</u>	Frames limited to 1 item every other year. Lenses or contact lenses limited to 1 item annually. Until end of month member turns 19.
If your child needs dental or eye care	Children's dental check-up Preventive dental services: Other dental services:	No charge 10% coinsurance (deductible does not apply)	60% <u>coinsurance</u> after <u>deductible</u>	Routine check-ups limited to 2 visits per calendar year.  Preventive, emergency, and routine coverage available for members up to age 19. See your plan document for eligible services. Certain dental services may require authorization (pre-approval) by the plan. For a list of services, see the Prior Authorization list at sanfordhealthplan.com.

#### **Excluded Services & Other Covered Services:**

Services Your Generally Does NOT Cover (Check your policy or document for more information and a list of any other excluded services.)
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- Acupuncture
- Infertility treatment

• Non-emergency care when traveling outside the U.S.

Cosmetic surgeryDental care (Adult)

• Long-term care

- Routine eye care (Adult)Weight loss programs
- Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your document.)
- Bariatric SurgeryChiropractic Care

- Hearing aids (excludes treatment of gradual hearing loss that occurs with aging or other lifestyle factors)
- Private-duty nursing
- Routine foot care (for diabetics only)
- Telehealth / e-visits / video visits

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: South Dakota Department of Labor at 1-605-773-3101. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="Health Insurance Marketplace">Health Insurance Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="https://www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your <u>Grievance</u> and <u>Appeals Rights</u>: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Sanford Health Plan/Appeals & Complaints at 1-800-752-5863 or contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>.

# Does this <u>plan</u> provide Minimum Essential Coverage? Yes.

If you don't have <u>Minimum Essential Coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

## Does this plan meet Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-892-0675 (toll-free).

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-892-0675 (toll-free).

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-892-0675 (toll-free).

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-892-0675 (toll-free).

———To see examples of how this might cover costs for a sample medical situation, see the next section.

## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the plan. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$200
■ <u>Specialist copayment</u>	\$30
■ Hospital (facility) coinsurance	10%
■ Other coinsurance	10%

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$200
■ Specialist copayment	\$30
■ Hospital (facility) coinsurance	10%
■ Other <u>coinsurance</u>	10%

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's ove	rall deductible	\$200
■ Specialist copa	ayment	\$30
■ Hospital (facilit	ty) coinsurance	10%
Other coinsura	= -	10%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700
In this example, Peg would pay:	
Cost Sharing	
Deductibles	\$200
Copayments	\$10
Coinsurance	\$900
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$1,170

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

<u>Diagnostic tests</u> (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$7,400
In this example, Joe would pay:	
Cost Sharing	
Deductibles	\$100
Copayments	\$600
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$60
The total Joe would pay is	\$760

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$1,900	
In this example, Mia would pay:		
Cost Sharing		
Deductibles	\$200	
Copayments	\$100	
Coinsurance	\$100	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$400	

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.

#### Non-discrimination notice

Sanford Health Plan does not discriminate against any future, current, or past Member on the basis of race; ethnicity; color; national origin; disability; sex; gender; sexual orientation; gender identity; religion; spiritual beliefs; medical condition, including a current or past history of mental health and substance use disorders; sources of payment for care; or age, in its coverage, treatment, or benefit decisions. Sanford Health Plan:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - o Qualified sign language interpreters
  - o Written information in other formats (large print, audio, accessible electronic formats, or other formats)
- Provides free language services to people whose primary language is not English, such as:
  - o Qualified interpreters
  - o Information written in other languages

If you need these services, contact our Civil Rights Coordinator.

If you believe that Sanford Health Plan has failed to provide these services or discriminated in any way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with our Director of Customer Service, 300 Cherapa Place #201, Sioux Falls, SD 57103, (800) 752-5863, TTY/TDD (877) 652-1844, fax (605) 328-6812, memberservices@sanfordhealth.org. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, our Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.jsf">https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</a>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, (800) 368-1019, (800) 537-7697 (TDD).

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

## Free help in other languages

For help in a language other than English, please call us toll-free at (800) 892-0675. Both oral and written translation services are available for free in at least 150 languages. If you have any questions, for example, about your benefits, this document, or how Sanford Health Plan pays for your care, please call us.

**English:** ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-892-0675 (TTY: 1-877-652-1844).

**Spanish:** ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-892-0675 (TTY: 1-877-652-1844).

**Hmong:** LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-800-892-0675 (TTY: 1-877-652-1844).

**Cushite:** XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 1-800-892-0675 (TTY: 1-877-652-1844).

Vietnamese: CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-892-0675 (TTY: 1-877-652-1844).

Chinese: 注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-800-892-0675 (TTY: 1-877-652-1844).

**German:** ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-800-892-0675 (TTY: 1-877-652-1844).

Russian: ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-892-0675 (телетайп: 1-877-652-1844)

Laotian: ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ 1-800-892-0675 (TTY: 1-877-652-1844).

خدمات فإن ،اللغة اذكر تتحدث كنت إذا :ملحوظة 1844-652-1877 ( رقم : المعادة 1-877-652 ( رقم : المساعدة والبكم الصم هاتف 652-892-892 ا برقم اتصل .بالمجان لك تتوافر اللغوية المساعدة

### Karen:

ဟ်သူဉ်ဟ်သး- နမ့်္။ကတိုး ကညီ ကျိဉ်အယိ, နမၤန္ ကျိဉ်အတာမၤစားလ၊ တလက်ဘူဉ်လက်စ္t နီတမံးဘဉ်သန္နဉ်လီး. ကိုး 1-800-892-0675 (TTY: 1-877-652-1844).

Amharic: ማስታወሻ: የሚናንሩት ቋንቋ ኣማርኛ ከሆነ የትርጉም እርዳታ ድርጅቶች፣ በነጻ ሊያግዝዎት ተዘጋጀተዋል፡ ወደ ሚከተለው ቁጥር ይደውሉ 1-800-892-0675 (መስጣት ለተሳናቸው: 1-877-652-1844).

Korean: 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-892-0675 (TTY: 1-877-652-1844).번으로 전화해 주십시오.

**French:** ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-892-0675 (ATS : 1-877-652-1844).

**Serbo-Croatian**: OBAVJEŠTENJE: Ako govorite srpsko-hrvatski, usluge jezičke pomoći dostupne su vam besplatno. Nazovite 1-800-892-0675 (TTY- Telefon za osobe sa oštećenim govorom ili sluhom: 1-877-652-1844).

## Cambodian, Mon-Khmer:

សម័គ្ន៖ បើសិនជាអ្នកនិយាយ ភាសាខ្មែ, សេវាជំនួយែផ្នុកភាសា ដោយមិនគិតឈ្នួល គឺអាជមានសំរាប់ប់រើអ្នក។ ឬ ផ្ទស់ព 1-800-892-0675 (TTY: 1-877-652-1844)។

## Help understanding this document is free

If you would like this policy in another format (for example, a larger font size of a file for use with assistive technology, like a screen reader), please call us at:

(800) 752-5863 (toll-free) | TTY/TDD: (877) 652-1844