SANF SRD' Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services Simplicity Small Group Silver \$3,750 HSA Qualified | North Dakota Coverage Period Be

Coverage Period Beginning on or after: 01/01/2024

Coverage for: Individual + Family | Plan Type: PPO | Non-Grandfathered

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <u>sanfordhealthplan.com/sbcfinder</u> or call 1-800-752-5863 (*toll free*) | TTY/TDD: 711. For general definitions of common terms, such as <u>allowed amount, balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other underlined terms see the Glossary. You can view the Glossary at <u>https://www.healthcare.gov/sbc-glossary/</u> or call 1-800-752-5863 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	For <u>network providers</u> \$3,750 individual / \$7,500 family. For <u>out-of-network providers</u> \$7,500 individual / \$15,000 family.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive care</u> and primary care services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without cost-sharing and before you meet your <u>deductible</u> . See a list of covered <u>preventive</u> <u>services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket limit</u> for this <u>plan</u> ?	For <u>network providers</u> \$6,150 individual / \$12,300 family. For <u>out-of-network providers</u> \$12,300 individual / \$24,600 family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-</u> of-pocket limit?	Premiums, balance-billing charges (unless balanced billing is prohibited), and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.sanfordhealthplan.com or call 1-800-752-5863 for a list of <u>network providers</u> .	You will pay the least if you use a provider in the Sanford Preferred <u>network</u> . You pay more if you use a provider in the Affiliated network. You will pay the most if you use an <u>out-of-network</u> <u>provider</u> , and you might receive a bill from a provider for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays (<u>balance-billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your provider before you get services.
Do you need a <u>referral</u> to see a <u>specialist?</u>	No.	You can see the in-network <u>specialist</u> you choose without a <u>referral.</u>

All copayment and coinsurance costs shown in this chart are after your deductible has been met if a deductible applies. For mental health and substance use disorder conditions, visit limits do not apply.
Sanford Preferred Providers: Sanford Health Practitioners and/or Facilities. With Sanford Preferred Providers, you will pay Tier-1 In-Network Benefits.

Affiliated Providers: All other In-Network Practitioners and/or facilities. With Affiliated Providers, you will pay Tier-2 In-Network Benefits.

		What You Will Pa	ay		
Common Medical Event	Services You May Need	<u>Network provider</u> (You will pay the least)	<u>Out-of-network</u> <u>provider</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	Sanford Preferred: 10% <u>coinsurance</u> after <u>deductible</u> Affiliated: 50% <u>coinsurance</u> after <u>deductible</u>	50% <u>coinsurance</u> after <u>deductible</u>	None	
Kusuuisite keeltkeens	Chiropractic visit	Sanford Preferred or Affiliated: 10% coinsurance after deductible	50% <u>coinsurance</u> after <u>deductible</u>	Limited to 20 visits per calendar year.	
If you visit a health care <u>provider's</u> office or clinic	<u>Specialist</u> visit	Sanford Preferred: 10% <u>coinsurance</u> after <u>deductible</u> Affiliated: 50% <u>coinsurance</u> after <u>deductible</u>	50% <u>coinsurance</u> after <u>deductible</u>	None	
	Preventive care/screening/ immunization	Sanford Preferred or Affiliated: No charge	50% <u>coinsurance</u> after <u>deductible</u>	You may have to pay for services that aren't on the <u>preventive</u> health guidelines. Ask your <u>provider</u> if these services you need are preventive. Then check what your <u>plan</u> will pay for.	
R 1 4 4	Diagnostic test (x-ray, blood work)	Sanford Preferred or Affiliated: 10% coinsurance after deductible	50% <u>coinsurance</u> after <u>deductible</u>	None	
If you have a test	Imaging (CT/PET scans, MRIs)	Sanford Preferred or Affiliated: 30% coinsurance after deductible	50% <u>coinsurance</u> after <u>deductible</u>	None	
If you need drugs to treat your illness or	Preventive drugs	\$5 <u>copay</u> / prescription. <u>Copay</u> does not apply to <u>deductible</u> .	Not covered	Covers up to a 30-day supply. Brand name drugs with generic equivalents or biosimilar alternatives require	
condition	Generic drugs	30% coinsurance after deductible	Not covered	additional cost share. Difference in cost does not	
More information about	Preferred brand drugs	30% coinsurance after deductible	Not covered	apply to <u>deductible</u> or <u>out-of-pocket limit</u> . There are	
prescription drug	Non-preferred brand drugs	30% coinsurance after deductible	Not covered	no limitations or restrictions for use of manufacturer	
coverage is available at	Generic <u>specialty drugs</u>	30% coinsurance after deductible	Not covered	coupons if used in conjunction with our current	
sanfordhealthplan.com/	Preferred specialty drugs	30% coinsurance after deductible	Not covered	benefit offering. Refer to your <u>Formulary</u> to determine which benefit applies to your medication.	
pharmacy	Non-preferred specialty drugs	30% coinsurance after deductible	Not covered	which benefit applies to your medication.	

		What You Will Pa	ay		
Common Medical Event	Services You May Need	<u>Network provider</u> (You will pay the least)	<u>Out-of-network</u> <u>provider</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	Sanford Preferred or Affiliated: 30% coinsurance after deductible	50% <u>coinsurance</u> after <u>deductible</u>	Certain outpatient services may require authorization (pre-approval) by the Plan. For a list of services, see the Prior Authorization list at sanfordhealthplan.com.	
surgery	Physician/surgeon fees	Sanford Preferred or Affiliated: 30% coinsurance after deductible	50% <u>coinsurance</u> after <u>deductible</u>	None	
	Emergency room care	30% coinsurance after deductible	30% <u>coinsurance</u> after <u>deductible</u>	None	
If you need immediate medical attention	Emergency medical transportation	30% coinsurance after deductible	30% <u>coinsurance</u> after <u>deductible</u>	None	
	Urgent care	30% <u>coinsurance</u> after <u>deductible</u>	30% <u>coinsurance</u> after <u>deductible</u>	None	
lf you have a hospital stay	Facility fee (e.g., hospital room)	Sanford Preferred or Affiliated: 30% coinsurance after deductible	50% <u>coinsurance</u> after <u>deductible</u>	Prior authorization required.	
	Physician/surgeon fees	Sanford Preferred or Affiliated: 30% coinsurance after deductible	50% <u>coinsurance</u> after <u>deductible</u>	None	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Sanford Preferred or Affiliated: Office Visit: 10% <u>coinsurance</u> after <u>deductible</u> Other Outpatient Services: 20% <u>coinsurance</u> after <u>deductible</u>	50% <u>coinsurance</u> after <u>deductible</u>	None	
abuse services	Inpatient services	Sanford Preferred or Affiliated: 30% coinsurance after deductible	50% <u>coinsurance</u> after <u>deductible</u>	Prior authorization required.	
If you are pregnant	Office visits	Sanford Preferred or Affiliated: No charge	50% <u>coinsurance</u> after <u>deductible</u>	Cost sharing does not apply to routine prenatal and postnatal-care and certain preventive services.	
	Childbirth/delivery professional services Childbirth/delivery facility	Sanford Preferred or Affiliated: 30% coinsurance after deductible Sanford Preferred or Affiliated:	50% <u>coinsurance</u> after <u>deductible</u> 50% coinsurance	Depending on the type of services <u>copayment</u> or <u>coinsurance</u> may apply. Maternity care may include tests and services described elsewhere in the SBC	
	services	30% <u>coinsurance</u> after <u>deductible</u>	after <u>deductible</u>	(i.e. ultrasound).	

		What You Will Pa	ay		
Common Medical Event	Services You May Need	<u>Network provider</u> (You will pay the least)	<u>Out-of-network</u> <u>provider</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Home health care	Sanford Preferred or Affiliated: 30% <u>coinsurance</u> after <u>deductible</u>	50% <u>coinsurance</u> after <u>deductible</u>	Prior authorization required. Limited to 40 visits per calendar year.	
If you need help recovering or have other special health needs	Rehabilitation services	Sanford Preferred or Affiliated: Office Visit: 10% <u>coinsurance</u> after <u>deductible</u> Other Outpatient Services: 30% <u>coinsurance</u> after <u>deductible</u>	50% <u>coinsurance</u> after <u>deductible</u>	Limited to 30 visits per calendar year.	
	Habilitation services	Sanford Preferred or Affiliated: Office Visit: 10% <u>coinsurance</u> after <u>deductible</u> Other Outpatient Services: 30% <u>coinsurance</u> after <u>deductible</u>	50% <u>coinsurance</u> after <u>deductible</u>	Limited to 30 visits per calendar year.	
	Skilled nursing care	Sanford Preferred or Affiliated: 30% coinsurance after deductible	50% <u>coinsurance</u> after <u>deductible</u>	Prior authorization required. Limited to 30 days in any consecutive 12-month period.	
	Durable medical equipment	Sanford Preferred or Affiliated: 30% coinsurance after deductible	50% <u>coinsurance</u> after <u>deductible</u>	Prior authorization may be required.	
	Hospice services	Sanford Preferred or Affiliated: 30% coinsurance after deductible	50% <u>coinsurance</u> after <u>deductible</u>	None	
	Children's eye exam	Sanford Preferred or Affiliated: No charge	50% <u>coinsurance</u> after <u>deductible</u>	Limited to 1 visit per calendar year. Benefit ends at the end of the month when the member turns 19.	
If your child needs dental or eye care	Children's glasses	Sanford Preferred or Affiliated: 30% coinsurance after deductible	50% <u>coinsurance</u> after <u>deductible</u>	Frames limited to 1 item every other year. Lenses or contact lenses limited to 1 item annually. Benefit ends at the end of the month when the member turns 19.	
	Children's dental check-up	Sanford Preferred or Affiliated: No charge	50% <u>coinsurance</u> after <u>deductible</u>	Limited to 2 routine check-up visits per calendar year. Preventive, emergency, and routine coverage available for members up to age 19. See your plan document for eligible services. Certain dental services may require authorization (pre-approval) by the plan. For a list of services, see the Prior Authorization list at sanfordhealthplan.com.	

Excluded Services & Other Covere	d Services:	
Services Your Plan Generally Does	NOT Cover (Check your policy or <u>plan</u> document fo	r more information and a list of any other excluded services.)
Abortion	 Dental care (Adult) 	 Non-emergency care when traveling outside the U.S.
 Acupuncture 	 Infertility treatment 	 Routine eye care (Adult)
Cosmetic surgery	• Long-term care	 Weight loss programs
Other Covered Services (Limitation	ns may apply to these services. This isn't a complete	list. Please see your <u>plan</u> document.)
 Bariatric Surgery 	 Hearing aids 	 Private-duty nursing
Chiropractic Care		 Routine foot care

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: North Dakota Insurance Department at 1-800-247-0560, or the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272. Other coverage options may be available to you too, including buying individual insurance coverage through the <u>Health Insurance Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your <u>Grievance</u> and <u>Appeals Rights</u>: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Sanford Health Plan/Appeals & Grievances at 1-800-752-5863 or contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>.

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-752-5863 (toll-free).

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-752-5863 (toll-free).

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-752-5863 (toll-free).

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-752-5863 (toll-free).

------To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section. ------

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well- controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
 The <u>plan's</u> overall <u>deductible</u> <u>Specialist coinsurance</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$3,750 10% 30% 30%	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist coinsurance</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$3,750 10% 30% 30%	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist coinsurance</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$3,750 10% 30% 30%
This EXAMPLE event includes service <u>Specialist</u> office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (ultrasounds and blood <u>Specialist</u> visit (anesthesia)	es	This EXAMPLE event includes servic <u>Primary care physician</u> office visits (incl disease education) <u>Diagnostic tests</u> (blood work) <u>Prescription drugs</u> <u>Durable medical equipment (glucose medical</u>	uding	This EXAMPLE event includes served Emergency room care (including med supplies) Diagnostic test (x-ray) Durable medical equipment (crutches Rehabilitation services (physical thera	ical
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:	<u> </u>	In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
<u>Deductibles</u>	\$3,750	<u>Deductibles</u>	\$3,750	<u>Deductibles</u>	\$2,800
<u>Copayments</u>	\$0	<u>Copayments</u>	\$0	<u>Copayments</u>	\$0
<u>Coinsurance</u>	\$1,400	<u>Coinsurance</u>	\$400	<u>Coinsurance</u>	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions	\$0
The total Peg would pay is	\$5,210	The total Joe would pay is	\$4,170	The total Mia would pay is	\$2,800

Non-discrimination notice



Sanford Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex (including pregnancy, sexual orientation, and gender identity), or any other classification protected under the law. Sanford Health Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, sex (including pregnancy, sexual orientation, and gender identity), or any other classification protected under the law.

Sanford Health Plan:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages
- If you need these services, call (800) 752-5863 (TTY: 711)

If you believe that Sanford Health Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity), you can file a grievance with the Section 504 Coordinator at:

Mailing Address: Section 504 Coordinator 2301 E. 60th Street, Sioux Falls, SD 57103 Telephone number: (877) 473-0911 (TTY: 711) Fax: (605) 312-9886 Email: shpcompliance@sanfordhealth.org

You can file a grievance in person or by phone, mail, fax, or email. If you need help filing a grievance, the Section 504 Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 (800) 368-1019, (800) 537-7697 (TDD)

Complaint forms are available at: http://www.hhs.gov/ocr/office/file/index.html.

Help in Other Languages

For help in any language other than English, call (800) 752-5863 (TTY: 711).

Arabic -	خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم
	ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن
	752-5863 (800) (رقم هاتف الصم والبكم: 711)

Amharic - ማስታወሻ: የሚና7ሩት ቋንቋ ኣማርኛ ከሆነ የትርንም እርዳታ ድርጅቶችማስታወሻ: የሚና7ሩት ቋንቋ ኣማርኛ ከሆነ የትርንም እርዳታ ድርጅቶች፣ በነጻ ሊያግዝዎት ተዘጋጀተዋል፡ ወደ ሚከተለው ቁጥር ይደውሉ (800) 752-5863 (መስማት ስተሳናቸው:711).

Chinese - 注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 (800) 752-5863 (TTY: 711)。

Cushite (Oromo) – XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa (800) 752-5863 (TTY: 711).

German – ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: (800) 752-5863 (TTY: 711).

Hmong – LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau (800) 752-5863 (TTY: 711).

Karen - ဟ်သူဉ်ဟ်သး- နမ္)ကတိ၊ ကညီ ကျိာ်အယိ, နမၤန့) ကျိာ်အတာမၤစၢၤလ၊ တလၢစ်ဘူဉ်လၢစ်စ္၊ နီတမံးဘဉ်သံ့နှဉ်လီ၊. ကိုး (800) 752-5863 (TTY: 711). **Korean** - 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. (800) 752-5863 (TTY: 711) 번으로 전화해 주십시오.

Laotian – ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານ ພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ (800) 752-5863 (TTY: 711).

French – ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le (800) 752-5863 (TTY: 711).

Russian – ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните (800) 752-5863 (телетайп: 711).

Spanish – ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (800) 752-5863 (TTY: 711).

Tagalog – PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa (800) 752-5863 (TTY: 711).

Thai – เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือ ทางภาษาได้ฟรี โทร (800) 752-5863 (TTY: 711).

Vietnamese – CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số (800) 752-5863 (TTY: 711).